

# Workshope "One day I hope to find a cure for Werkshope Method a cure for Method a cure for

to find a cure for serious diseases like cancer and make sure that the sick are cared for" Sandy Phala (13)

Every morning 13-year-old Sandy Phala wakes up in her humble Alexandra home to do her chores, prepare breakfast for the family and get ready for school. She then walks the 30 minutes to school, passing the time by practicing the songs she sings in the school choir and keeping beat with every step she takes.

Sandy is not only passionate about singing, but nurtures massive dreams

to make a difference in the world. This little girl with her infectious smile wants to live her life in service to others.

Sandy is among a group of world changers in the making that Afrika Tikkun highlighted as part of its national advertising campaign to showcase the country's possibilities through investing in the potential of our children. A film advertisement created by the Leo Burnett Agency perfectly captures the aspiration of these group of future leaders.

The kids were asked to draw an idea that could make a difference to problems that affect the world. Sandy took her crayons to paper to draw a bright yellow house with a red roof and chimney, finishing it off with wings so it can fly around and fix other houses.



### Sandy Phala

"My dream is to finish school with good grades so that I can study Osteology and help people who suffer from bones diseases like arthritis. One day I hope to find a cure for serious diseases like cancer and make sure that the sick are cared for. I want to own many community clinics and help the existing ones with more medications."

### **Tinkerbell Rautheneimer**

Sparkly-eyed 11-year-old Tinkerbell Rautheneimer drew a machine that can transform homeless people's old clothes into new clothes, so they can have a chance at a bright future. Tinkerbell hopes to become a lawyer when she grows up, so she can stand up to all the wrongs in society.

"I also want to create a lot of other things that shall change South Africa into a better country."

### **Surprise Ncube**

With the charisma of a seasoned salesman, Surprise Ncube holds up a drawing of his invention and proudly exclaims: "When I grow up I'm going to build the Litter Tractor! It works underground to suck in litter and put it in the rubbish bin." He also dreams of becoming a robot engineer and plans to build a robot that can help children with their homework.

From a wristwatch that can tell the future to a flying bus, the campaign shows the magic that happens when you give kids the chance to dream. It poses a challenge to put aside all the negatives facing the youth of South Africa and refocus the conversation on the potential of children to make a positive impact on the world. Afrika Tikkun believes that children with dreams become adults with vision. When we make sure they CAN change the world, they DO.





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# WORD FROM OUR **SPONSOR**

# **BUILDING STRONG** COMMUNITIES TOGETHER

We are honoured that through our sponsorship, Absa can be associated with and part of the work that Afrika Tikkun is undertaking to improve the lives of our youth. Building up Africa by providing skills to youth aligns with our vision for inclusive growth for the continent. Together, we are stronger in our ambition to find opportunities to enable Africa to become



Afrika Tikkun already provides hope to many in South Africa through the youth development programmes. Our combined efforts towards building the opportunities for these children to one day participate in SA's economic future will ensure our growth as a country and catapult us into a brighter future. This brighter future for all is only possible if we choose to see and harness possibilities where others might only see challenges.

Big corporates and in particular, financial services companies, play a key role in finding solutions to grow and positively influence our societies. Within Africa, our own internal learnership and transformation programmes also aim to uplift and upskill youth in many communities.

With Absa's recent announcement of one brand across the African continent, we have renewed our commitment to want

to do more to be an active force for good. We realise that as a financial services provider, we solely exist because of the societies we serve. Therefore, we have a huge responsibility to deliver growth that is shared by customers, shareholders, colleagues and community members on all levels, to benefit the society at large. It is to this end that we have championed access to education and systemic improvements in education institutions across the continent.

We are struck by the positivity and continued energy displayed by the Afrika Tikkun team. Their efforts and leadership benefit not only the youth, but also the communities they aid, and indeed, the partners that share the vision. We are proud of our close association with Afrika Tikkun and wish them all the best for their plans and endeavours going forward.

the force that it could be.





# EDITOR'S NOTE

There is a popular story about a man walking on the beach and seeing someone in the distance picking something up and throwing it in the ocean. As he got closer, he saw it was a young boy picking up starfish one by one and tossing them into the water. Puzzled by what the boy was doing, he asked: "Why are you throwing them into the ocean?" To which the boy replied, "The sun is up and the tide is going out. If I don't throw them in, they'll die." The man cynically observed in return: "The beach is kilometers long, you'll never be able to return all of the starfish to the water. You can't possibly make a difference!" The boy listened politely, picked up another starfish, tossed it into the water, and said: "It made a difference to that one."

At Afrika Tikkun we want to make a difference. There are many injustices in the world. One of which, and the most tragic off all, the many children caught in the destructive cycle of poverty. When Afrika Tikkun was established, our hearts were filled with the plight of South Africa's forgotten children. We set out to give these children a fighting chance – a hand up to unlock their potential.

From cradle to career, we embark on a journey with our beneficiaries. Our Early Childhood Development (ECD) Programme aimed at children aged between two and six ensures that they are "big school" ready. Young people in primary and secondary school are supported through our Child and Youth Development (CYD) Programme. They are given the tools to make positive choices in regards to their life, learning and careers. The staggering youth unemployment statistics prioritises our Career Development & Placement (CDP) Programme. It provides young people between the ages of 19 and 28 with career opportunities. Courses such as Absa's "Ready to Work" further empowers young people to ace job interviews and to seamlessly integrate into a work environment. An integral part of strengthening our programmes is our Support Services. Our Primary Health, Nutrition and Food, Family Support and Empowerment Services are critical to pave the way to success.

Our programmes are therefore designed to provide young people with education, career guidance, health and social services. Today we have four centres in Gauteng and one in the Western Cape. We are proud of these centres, and remain beyond grateful to our donors and partners who have enabled thousands of young people to rise to greatness through our programmes. Thanks to you, we are able to continue to delivercomprehensive and integrated programmes that empower young people to break the cycle of poverty. Our Cradle to Career 360° Model and Programmes are directly challenging some of the country's biggest issues - inequality, poverty and unemployment.

The proof, as they say, is in the pudding and every story in this publication is testimony tothe efficacy of our programmes and the loving and passionate hearts that work tirelessly to ensure delivery. Every child that goes on to find a career makes a massive difference not only in their family, but also in the community. They are world changers, movers and shakers. They may have come from nothing, but they become everything that the worldcritically needs.



Group Executive: Partnerships & Marketing

We thank our staff and volunteers for their tireless work behind the scenes. You are our heroes. You are the light for our beneficiaries, showing them that they can dream and they can have a bright future. To our donors and partners, we are blessed to have your support and active involvementin the work that we do. We would not be able to shape tomorrow's world changers without your help. Your faith in Afrika Tikkun is felt and appreciated. You are part of the family and have helped us build into the lives of each and every one of our beneficiaries.

Finally, to our beneficiaries, Afrika Tikkun is proud of all of you. Your achievements wouldn't have been possible without you believing in yourselves and working hard at your dreams. Don't ever forget, that you are the difference.

- Onyi Nwaneri





# THE JOURNEY TO SCHOOL READINESS

# **SMALL STEPS, BIG LEAPS GRADE** Rs ARE 'BIG SCHOOL' READY





They might be tiny humans, but 300 of our world changers in the making took a gigantic leap to the 'big school' after graduating from our Early Childhood Development programme in November 2017.

Dressed in their graduation gowns, the learners aged 5 to 6 proudly received their first performance certificates in front of a crowd of family and friends. The air was filled with celebration at the Zolile Malindi Centre in Mfuleni as parents ululated, danced and cheered their children on.

Four disabled children formed part of the graduation party. There wasn't a dry eye in the room as a mother helped her disabled son receive his certificate. The ECD programme has equipped each learner with a special set of wings to fly into a bright future.



Lucky in his graduation outfit

# **LUCKY STAR RISES** TO MOTIVATE OTHERS

In a country where an estimated 3.3-million young people are unemployed, it takes more than just luck to break through and rise. Just ask Lucky Maduwa, whose perseverance and hard work sets an example for us all.

Taole whose guidance helped him prove his ability and he was selected to compete in the Triathlon in Germany. This opportunity opened a new world for Lucky, who learned invaluable skills to tie him over on his journey to success. He enrolled in a child and youth care learnership when he returned and thanks to the stipend he received he could provide for himself and his sister.

Lucky and his four siblings were raised in a Lucky's life. There he met his mentor, Thomas It didn't take him long to rise through the ranks at RAM and he became the first person in the company's history to be promoted within the first year of employment. As a training facilitator, he travels all over the country to RAM hubs and trains up to 2,500 people per month.



single parent household in rural Limpopo. Times were tough, but his mother and the kindness of neighbours pulled the family through after the death of his father. He moved to Johannesburg to find work and lived with his siblings in Alexandra, a township bordering the affluent Sandton suburb.

The siblings struggled to make ends meet as they were all unemployed. Lucky also had to abandon his studies at UNISA, because he didn't have the money to travel to the exam centre. He was reaching the end of his rope and was close to giving up, but he received a ray of hope after hearing an invitation on radio for athletes to compete in a Triathlon overseas.

Going to Afrika Tikkun's Phuthaditjaba Centre in Alexandra marked a turning point in The learnership unlocked Lucky's passion for training, motivation and inspiring young people. His positive energy accelerated him within the organisation and he was soon appointed to work in the career and placement arm of Afrika Tikkun. Through his work he engaged with a lot of other companies and impressed the international courier company, RAM, who headhunted him.

Don't think the sharply dressed young man has forgotten where he comes from. In his spare time, he travels to schools in South Africa to give motivational talks to learners. He is also using his salary to honour his mother.

"I am building my mother a house just to thank her for all the support she provided to me even though she was not receiving any income at the time."

# MY CAMP OF MIRACLES "I Chose to Stand Up"

is a Grade 10 learner at New Model Private College in Johannesburg and a beneficiary of the Afrika Tikkun Uthando Centre. He was recently selected to attend a development camp with a group of teens in Rustenburg in the North West. In his own words. he shares his experience:

The camp was simply a wonderful moment in my life due to the experiences I witnessed with my two naked eyes. On the first day, before we arrived at our camp site, I saw the mountains of the North West province and I was inspired by their beauty. I told myself that I should always strive to do my best if I wanted to be the best, because there are always mountains to climb when chasing success.

When we arrived at Konka, I was shocked by the beauty of the place, but the most beautiful thing was the smiles that I saw from all the children and facilitators of Afrika Tikkun. We were warmly welcomed by the Konka team with different types of songs and games.

On the second day, we were divided into Afrika Tikkun groups with our mentors and I was in the red team. Our first task was to learn about presentation skills. It was amazing! The purpose of the game was to boost our confidence towards each other as a team.

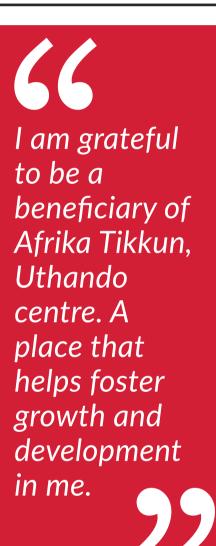
After we were done with our presentation skills, we went for social skills, whereby we learned about the factors that are affecting our society and the way we live, we also spoke about possible issues affecting our teenage lives. These are factors like peer pressure and norms we were raised with we managed to come up with solutions on how we can reduce negative factors which are affecting our communities.

The last challenge of the day was based on a competition that tested our confidence against other teams, and it was judged according to our confidence, creativity and energy. Unfortunately, we lost and we were in the last position, I was determined to motivate my team to rise in the next challenge.

The third day we learned about HIV/AIDS and I enjoyed how facilitators, Lerato and Dominic, were engaging us. I never knew that HIV was the early stages of AIDS and I also never knew about the viral load of the virus. We also learned about selfawareness and the factors affecting it such as anger, peer pressure and the media.

Later that day, something unexpected happened. Boys were told to wear girls' clothing and girls were told the same. The funny part is that I sang in front of more than 100 people wearing a pink dress and I had a good time. I even started respecting women more and appreciating them. I am a motivated young man and I stand in what I believe in.

At the end of this beautiful experience, I realised within me that I was not recognised by saying or doing NOTHING. I chose to stand up and PARTICIPATE!















# STANDING ON THE SHOULDERS OF A

Nelson Rolihlahla Mandela was born on 18 July 1918 in Mvezo, a small village in the Eastern Cape (then Transkei). He spent his childhood herding cattle and playing with other boys in the hills above Qunu where he lived with his two sisters in his mother's kraal. No one could guess that Mandela would grow up to be a giant in the world as a tenacious activist, political leader and philanthropist.

Madiba would have celebrated his 100th birthday this year and Afrika

Tikkun are celebrating his centenary to honour a legacy of doing good. His love and faith in children, combined with his commitment to changing the world, made Madiba the perfect Chief Patron of the organisation. His life is testimony to children's potential to become world changers no matter who they are or where they came from.

We can think of no better way to honour Madiba than through future leaders that Afrika Tikkun continues to unleash upon the world.

NELSON MANDELA FOUNDATION

28 November 2002

TO WHOM IT MAY CONCERN

I am writing this letter of support in my capacity as Patron-in-Chief of Tikkun.

The Tikkun project demonstrates in a practical and sustainable manner what can be done by limited resources, great commitment and passion. The challenge to reach all the disadvantaged people of South Africa remains a paramount one. We need all the resources, both human and financial to address these challenging tasks. It is my belief that Tikkun represents the best of what civil society can offer in partnership with Government's considerable efforts.

Tikkun has proved that it has the ability to reach sections of our disadvantaged population at grassroots level. It therefore provides both physical help, as well as giving hope and dignity to the recipients. However, their successes need ongoing funding to ensure not only sustainability, but an ability to meet the expectations of so many.









I would be pleased if Tikkun, through the right levels of support and in particular with monies to assist the payment for its people's skills infrastructure, were to strengthen its efforts to continue its valuable union.

Yours sincerely

Mandels

N R Mandela

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Nelson Mandela Patron in Chief Letter

in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead."

– Nelson Mandela 18 May 2002 Nelson Mandela with Herby Rosenberg



Nelson Mandela Centre of Memory



# BUDDING ASTRONOMER PRIMED FOR THE STARS

Growing up in an environment where drug abuse and violence is commonplace, impressionable youth often get sucked in with little chance of breaking the cycle. For 17-year-old, Prime Nchabeleng, accepting his circumstances wasn't an option, he chose instead to take charge of his future.

He joined the Afrika Tikkun after school programme in Diepsloot, north of Johannesburg, when he was 14.

"When I first came to Afrika Tikkun I thought I was going to be judged but I have since learnt to be myself which will allow other people to believe in me and in return I have learnt who I am as a person."

Growing up, Prime lacked positive male role models. His close male relatives constantly abused women and Prime subsequently lost his trust in men. The young man became reserved and lost his confidence. at the Wings of Life Centre on Saturdays, which has greatly improved his marks. Prime's journey is taking him towards his ultimate dream - shooting straight for the stars - to become an Astronomer.



# **A LEADER** IS BORN

Ntando Mbikwana is just 14-yearsold, but already distinguishes himself as a natural born leader in the Mfuleni community, a small Township just outside of Cape Town in the Western Cape. The area is rampant with unemployment, forcing Ntando and his family to subsist on grants. The family, especially the children, are also greatly affected by alcoholism in the household. raves Afrika Tikkun facilitator, Noxolo Nkomfe.

Ntando's leadership skills were immediately recognised and he hopes to one day become a youth mentor or facilitator. He is well on his way to realise this dream by applying his leadership skills as a Peer Educator, an SRC member of the CYD programme and a member of the Afrika Tikkun Junior Council. He was also recently nominated for the International Children's Peace Prize.

"I did not know what to do and felt helpless. I remember every time I wanted to protect these women I was called names and told I was letting women control me."

His first steps might have been tentative, but after he attended a youth camp organised by Afrika Tikkun his journey towards a bright future truly started. He learned that men protect those around them and that violence is never the answer.

Prime continues to participate in Afrika Tikkun's Child and Youth Development (CYD) development programme. He also attends extra Physics and Math classes Despite these challenges, Ntando is beating the odds and shining since he joined the Afrika Tikkun Child and Youth Development (CYD) programme at the Zolile Malindi Centre.

"Ntando is a good-mannered boy and a great learner who's always willing to help out and try new things. He participated well in athletics in the previous Sports hub programme before we started with the 5 pillars this year; and he has been exceptional in the pillars too,"

Ntando hopes to pursue a medical degree after school, but for now he is committed to working at his dreams at Afrika Tikkun.

"I want to be a good leader one day and the programmes we have here are helping me to develop the necessary skills and confidence I need to achieve my goal."



# MOVING YOUTH INTO CAREERS

# **FUTURE CAREERS ARE MADE OF THIS**

The Afrika Tikkun Career Development Programme (CDP) provides the ingredients to help young adults along the path to career success. Through a combination of career guidance, job readiness training, job placement and bursaries for further learning, participants are turning dreams into reality.

### Yanga Ncelani (23)

Yanga has faced some difficult times and many challenges growing up in Mfuleni, but he refused to let his past determine his future. He joined Afrika Tikkun in 2010 and his journey has equipped him with the confidence to excel in life. Yanga hopes to one day become a social worker.

### Sinazo Mfecane (29)

Sinazo heard about Afrika Tikkun from alums conducting a door-to-door in Butterworth area of the Eastern Cape. She credits the initiative with boosting her confidence and self-esteem. She went on to work for Afrika Tikkun in the CDP, not only earning money for her family, but also reinvesting in a programme that she believes "changed her life."

### Zintle Phelisa (24)

When Zintle's father passed away she and her siblings were placed in an orphanage by their mother. Today, Zintle works in a call center in Cape Town after completing the Afrika Tikkun programme. She plans to inspire, educate and guide others the way she was.

### Yanga Jabe (22)

Yanga, a Northlink College graduate in Cape Town comes from a large close-knit family of eight. Growing up the family went through tough times after his mother lost her job. Through the CDP Yanga learned what to expect in the working environment and how to collaborate in a team. His biggest hope for the future is to give back to the community.

### Anathi Khona (23)

Anathi matriculated from Mfuleni High School in the Western Cape. Both his parents passed away when he was young and he was primarily raised by his sister. He joined Afrika Tikkun's CYD programme in 2013 where he was taught "invaluable lessons" in communication, computers, literature and self-awareness.

### Siphokuhle Soxa (22)

Siphokuhle lives with her mother, two siblings and her 2-year-old daughter in Mfuleni in the Western Cape. She joined Afrika Tikkun's CDP where she particularly found the computer and interview training invaluable. Siphokuhle plans to return to her studies to fulfill her dream of becoming an educator.

### Yolanda Sinegugu Ngqunge (23)

Originally from the Easter Cape where she matriculated from Cingani High School, Yolanda moved to Cape Town to find a job when she heard about free computer classes offered by Afrika Tikkun. She feels empowered by the experience, crediting the programme with helping her find her voice and unlocking her potential.

### Yonela Ntete (28)

Yonela and her four siblings were raised by their grandmother after their parents passed away. Her time with Afrika Tikkun taught her a lot and helped her overcome her initial shyness before entering the programme. Weeks after finishing her first course, she landed a job and plans to continue working hard to one day open an orphanage.

**"READY TO** WORK" TAKES YOUNG



Afrika Tikkun's Career Development Programme (CDP) programme continues to make a difference in the lives of young people on the cusp of adulthood. The ABSA "Ready to Work" course at the Mfuleni centre in Cape Town is an effective empowerment tool for young people between the ages of 19 and 35.

The course upskills students with valuable tools to not only prepare them

for job interviews, but also for the work environment. The course records significant results with several graduates either gaining employment, entering learnerships or venturing into small business.

The course employs a vigorous recruitment process in the form of two alumni boot camps to help identify each candidate's character and interests. Over 800 interviews were conducted with students and 600 of them went on to graduate from the course in 2017. The proof is in the results as 47 self-placements were recorded by the end of 2017, while 15 students were absorbed into Investec's learnership programme. Eight students are now completing learnerships at Afrika Tikkun's Mfuleni centre, while 435 students have gone for interviews across various industries and are awaiting feedback. The personal success stories are phenomenal. As is the case with CDP member, 21-year-old Zizipho Hans, who put what she learned as part of the ABSA "Ready to Work" course to good use when she applied for a job online. At the time the course was focusing on "interviewing the right way". She came out on top of 20 candidates, earning herself a position in the client service department at Sportman's Warehouse.

# YOUNG WOMEN TURN ART INTO **FUTURE SUCCESS**

The saying goes that "women are the real architects of society" and by empowering them they have the potential to uplift an entire community. A project by women in the Orange Farm township in Gauteng are showing exactly how women are positively shaping our country.

"I went for training not knowing that art can be my passion, I fell in love with creating beauty with my hands," said Nondumiso Mkhize, one of four young women who participated in art training offered to women by the Curriculum Development Project.

Nondumiso, Lerato Modiakgotla, Banele Mazibuko and Nomvuzo Hlaola learned about the opportunity from their Career Development Programme (CDP) "Ready to Work" facilitator who recognised their energy and potential.

They participated with six other women in the training and are now transferring their skills to other young women in the area. They recently completed their first commercial project at Angels Day Care in Orange Farm, which has given them the confidence to take their venture to the next level.

"We believe that this will get our name out there and has pushed us to go out there and market our work and to build a professional brand that will sell us," said Nomvuzo off the back of plans to register their women only cooperative.

# **CONQUERING MOUNTAINS: REFUWE LEBAKENG'S** JOURNEY

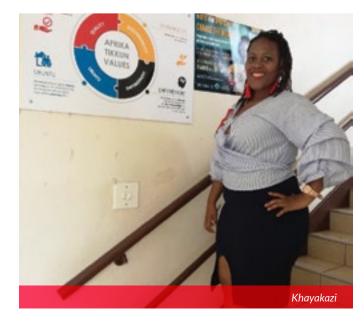
Refuwe Lebakeng had to cease her studies towards a diploma in Human Resources due to financial difficulties, but she didn't let her circumstances keep her down. She got a job at a KFC processing customer orders. The job entailed standing for hours on end, which complicated a previous injury to her spinal cord. This led to her losing her job.

She once again decided to take control of her life after she learned about the ABSA "Ready to Work" course at Afrika Tikkun from her sister who is a teacher at the Early Childhood Development centre.

"They were very helpful. I did not only learn how to use a computer and the internet, but I learned key skills in personal development," Refuwe said about the course. She soon found a happy beginning to her story, securing a consultancy job at Capfin.

"I am now able to save money to go back to school and complete my diploma."

confident where corporate manager BUSINESS = successful corporate professional attractive bac BUSINESS EXECUTIVE OFFICE CORPORATE executive beauty BUSINESSWOMAN WOMAN worker entrepreneur hickeypos



### AFRIKA TIKKUN ALUMNUS JOINS THE TEAM

background

manager

smile

background

When you meet Khayakazi you are immediately struck by her confidence and bright smile. The woman behind the smile impresses you even more with her determination to work at her future.

Khayakazi has a certificate in Human Resources, but she battled to find work despite going to several interviews. She realised that she needed to acquire work skills to

improve her chances of landing a job. She joined in the ABSA Work Readiness programme in 2017 and threw herself wholeheartedly into the three-month course.

She remained unemployed for a few months after the course ended, but she continued to hope and didn't lose faith in herself. When she was asked to interview for a junior administrator post with Afrika

Tikkun, Khayakazi jumped at the opportunity and aced the interview.

young

She has since joined the Afrika Tikkun team and continues to develop herself through training courses open to staff. Khayakazi's made the best investment of her life - in herself.



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### AFRIKA TIKKUN TALENT

In celebration of Mandela Month, Afrika Tikkun partnered with donors to host its annual Talent Day for over 2,500 youth from Diepsloot, Orange Farm, Alexander and the inner-city at the Wanderers Stadium in Johannesburg. The day is an opportunity to showcase their talents, paving the way to their future. Donors' continued support of Afrika Tikkun is making a huge difference in upskilling and empowering our youth to dream without limits. The day was marked with dancing, sports, music and quizzes – giving beneficiaries a place to belong, a place to shine.



### **FROM LEARNER TO** ERO BREADWINNER

"I see myself successful and I have always had this dream of becoming a donor one day here at Africa Tikkun because I am a living testimony of what this place can do for youngsters like myself."

22-year-old Ntsikelelo Mkoko first joined Afrika Tikkun in 2008 when the programmes at the time only covered soccer, dance and an activity where the youth identified the heroes in their families and wrote about them in the "Hero Book". The latter was Ntsikelelo's favourite programme which helped him focus on the positives in life.



Left to right: Ntsikelelo Mkoko with the other 7 candidates that got Learnerships at Afrika Tikkun

Ntsikelelo went on to study Sports Management at university, but he had to drop out after his father sadly passed away in 2015. He returned to Afrika Tikkun in 2017 to participate in the Career Development Programme's ABSA "Ready to Work" course.

"This programme made me see life in a very different and positive way. It taught me how to carry myself and treat people around me, as well as how to tackle various obstacles in my personal life and the world of work."



His commitment earned him a learnership opportunity at Afrika Tikkun. Today, Ntsikelelo is the breadwinner and hero of his family. He showcases the wealth of possibilities when you unlock the potential of our youth.

### CONFIDENCE COMPUTER **BOOST HELPS** WIZ NOSIZWE **ON THE** FIND **CUSP OF** HIS TECH VOICE CAREER



27-year-old Nosizwe Sikhoji enrolled in Afrika Tikkun's basic computing course and despite receiving calls with job offers, he stuck it out until the end. After completing the course, he worked as a cashier, a job he earned through interview skills he acquired at Afrika Tikkun.

"Being in Afrika Tikkun helped me got my confidence back, because I was engaging myself with other people of my same age and got to hear their problems, for an example being unemployed and other personal problems that affect young people."

He was offered a learnership by Telenetics at the CTU Campus in Claremont where he took a Microsoft Certified Solutions Associate (MCSA) course, which upskills candidates seeking entry-level jobs in the IT industry. The course is a prerequisite for students who want to study towards more advanced Microsoft certifications.

"I am very grateful to all my facilitators because I got the learnership because of their help, in the company they wanted someone who knows computer basics so this course did open a big window for me."

"I am an introvert and public speaking was never my thing, but this course helped me to step out of my shell and face people through presentations that we had. It helped boost my confidence so much," said 35-yearold Nosizwe Simelala after completing his ABSA "Ready to Work" course at Afrika Tikkun in February.

Thanks to Nosizwe's new found confidence he has started working at a bank and is putting the computer skills he learned at Afrika Tikkun to good use.

"This programme helped me to take charge of my career and stand up for myself. I am now confident and know my way in the workplace," he said hopeful of his future.



# STANDING UP FOR HUMAN RIGHTS

### **A PLACE TO CALL HOME:** BAMKELWE TACKLES HOUSING ISSUE IN MFULENI



Parents in the Mfuleni community in the Western Cape have something precious to look forward to – a home of their own. This follows interventions by Afrika Tikkun's Bamkelwe Self-help Group to put the housing concern in the community on the municipality's agenda.

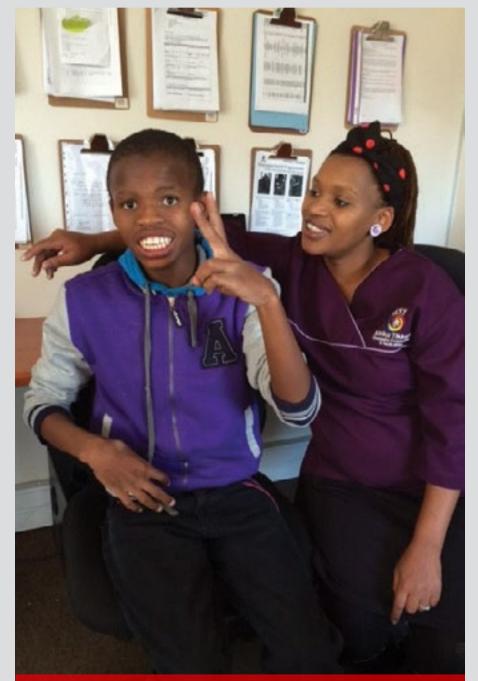
When Bamkelwe opened in 2016 it engaged with caregivers to compile a list of priorities in the community, housing topped the list. The cost of building a house, coupled with the challenges associated with the Reconstruction and Development Programme (RDP) posed a major problem for residents in the community.

Bamkelwe is a self-help group for parents of children living with disabilities and forms part of the Empowerment programme of Afrika Tikkun's Family Support Services. Parents were concerned about the conditions of the informal settlement, regarding it as a dangerous environment for their disabled children.

The biggest hurdle was the housing application process. Residents must travel to Cape Town to submit documentation that ultimately delays applications and the opportunity to follow up. The group invited the ward councilor secretary from the City of Cape Town Municipality to engage on these issues.

The meeting was a success and residents could go directly to the ward councillor secretary to process their applications. They now have formal letters confirming their application and where their new houses will be.

# AUTISTIC BOY CLAIMS HIS INDEPENDENCE





**LEANERSHIP EMPOWERS** 

SIVENATHI TO TAKE

HER LIFE BACK

She is just 23-years-old, but Sivenathi Masentile has suffered through enough hardship and tragedy to last her a lifetime. She was raped by her stepfather and lost her case in court after her mother disowned her. She then moved to Cape Town to live with her paternal aunt and cousins.

Sivenathi and her one-year-old son survives on her disability grant for epilepsy she was diagnosed with in high school. She also receives a grant for her son's care. She heard about Afrika Tikkun from a member of her community and started attending the Bamkelwe Self-help Group every week. Sivenathi continues to suffer seizures and receives help at the local clinic for them. Despite this, she doesn't let her circumstances get her down.

Bamkelwe referred Sivenathi to the Siyaya Skills Development centre where she passed the assessment and earned a learnership. For the first time in years she's happy and looking forward to a better future for her and her child. Her dream is to find a job and a home to call her own.

### Phumzile Vilakazi with her son, Mxololisi Bilakazi

Persons with disabilities and their caregivers are often isolated due to a lack of understanding and support from society. Phumzile Vilakazi, an advocate officer at Afrika Tikkun, felt frustrated as she battled to care for her autistic child, Mxololisi with very little resources open to her.

She struggled to find an affordable school for Autism, juggling work and helping Mxololisi through puberty and his teenage years. But Phumzile was determined to help her son become independent and understand himself. She enrolled in a variety of courses offered to Afrika Tikkun staff that empowered her with an understanding of disabilities and how to deal with them. Her resilience paid off and Mxololisi is starting to be a little independent and he is adjusting well at school.

Phumzile believes there is a huge gap in society's knowledge and understanding of people with disabilities. She hopes to fill this gap through her work at Afrika Tikkun.

# 360° SUPPORT

# **NEW BEGINNING** FOR KYLE

The suburb of Berea, east of Johannesburg is not a place where one would expect to find hope. The streets are dirty and marred by broken beer bottles, sewage water and litter. Drug and alcohol abuse is commonplace with many families living in abandon buildings without adequate sanitation and electricity.

This is the world that Kyle Magielies was born to and it is this environment that severely impacted his behaviour and development.

Afrika Tikkun's Uthando Centre learned about Kyle during a community outreach. He was admitted into the Early Childhood Development (ECD) programme in 2016 where a range of issues were discovered. He was disruptive, prone to emotional problems and battled to follow orders or instructions.

In addition, his cognitive development was compromised. Kyle was forgetful, had a short attention span and he was academically lagging compared to children of the same age.

Afrika Tikkun instituted a range of interventions to help Kyle get back on track before he entered primary school. Assessments were carried out on both Kyle and his immediate family to determine the challenges that are limiting his development. Social workers and case administrators engaged Kyle in activities aimed at stimulating his thinking skills, while promoting positive growth.

Kyle's parents also participated in the Parenting Skills Programme to strengthen their abilities in caring for him and dealing with challenging behaviour. Both are unemployed and they struggled to provide for the basic needs of the household. Afrika Tikkun is helping the family with food every month, while the organisation's Nutrition and Food Services provides Kyle with breakfast, a tea-time snack and lunch during school.

The Uthando Centre is quite far from Berea, another challenge that Afrika Tikkun has taken care of by partnering with a local school transport business to take beneficiaries to the centre at a nominal fee.

These interventions have paid off and Kyle has advanced to the first grade after successfully graduating from Grade R. His phenomenal transformation from a disruptive child to a diligent and respectful learner is a story of hope in the future and what can be achieved when you believe in someone and give them the opportunity to change their story.

# SUPPORT SERVICES HELP BABY AFIKILE GROW BIG AND STRONG



Community care workers, Nomawethu Zanazo and Thandiwe Mditshwa, operating in the Burundi community of Mfuleni in the Western Cape were concerned that Afikile was underweight for his age. A dietician was referred to the family and an assessment found that Afikile was slowly losing weight.

fed breast milk and little or no other food. A management plan was introduced to help educate the family on age appropriate foods they can include in Afikile's diet, meal frequency and continuous breastfeeding.

now weighs a healthy 10.5kg, which is a good weight for his age.

"The mother implanted our care plan excellently and Afikile was been introduced to a variety of new foods, which are helping him grow."







A diet history found that the poor weight gain could be ascribed to Afikile mainly being

The Mfuleni community health workers followed up with the family on a weekly basis to offer support and to monitor Afikile's progress. He



# **HIV/AIDS** IS NOT A DEATH SENTENCE

Afrika Tikkun's Primary Health Care programme partnered with the Mfuleni community in Cape Town for World Aids Day on 1 December 2017, marching in unity for those living with and affected by HIV/Aids. Over 250 residents participated to show their support and encourage everyone to get tested and know their status.

The march started at the Zolile Malindi Centre and culminated at the local shopping complex and taxi rank where testing stations were set up for those who wanted to get tested. Speakers at the event left marchers with an important message that HIV/AIDS is not a death sentence by sharing their stories about living with the disease.



### JSE INVESTMENT CHALLENGE

From March to September each year, high school learners and university students across

South Africa compete for exciting monthly and annual prizes in the JSE Investment Challenge.

With R1 million in virtual funds at their disposal, teams learn the fundamentals of investing on the JSE through a fun and interactive means of financial education.

Visit https://schools.jse.co.za OR https://university.jse.co.za to register.

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# INVESTING IN THE SOLUTION

# VISION 10,000 INITIATIVE DRESSES YOUNG JOB SEEKERS FOR SUCCESS

Nothing makes a young man feel like he has arrived like a good suit. It not only boosts his confidence, but makes a favourable impression on potential employers. Last year Afrika Tikkun partnered with Khaliques, a high-end menswear boutique in Johannesburg, to improve the chances of young people finding work.

Khaliques encourages the public to trade in their pre-loved suits in exchange for a 30% discount on a new suit at any of its four stores in Gauteng. The suits are in turn donated to Afrika Tikkun's skills development graduates who are interviewing for jobs.

Khaliques was opened in 1974 by Ismail Moosa, whose legacy endures through his family. His grandson, Mohammed Moosa, MD of Khaliques, says the purpose of the collaboration with Afrika Tikkun is to give back to the community – a value long held by the family.

"Grandad's core values of courtesy boils down to being kind to clients and community. We aim to give 1,000 suits annually as part of our 'Vision 10,000' initiative. It's our bit of kindness to the community. It's about meeting grandad's requirements and passing it on to the next generation."

The partnership has already yielded results with many young men finding work in their dapper suits.

Khaliques' also established the Afrika Tikkun Khaliques Retail Academy to further show their commitment to service and uplifting the community. The academy offers training and necessary qualifications in the luxury retail sector.

The academy has already enrolled 20 candidates in the programme, who will undergo training in work readiness and customer service. After completing the training successfully, students will transition to Khaliques stores for a sixmonth internship to fully prepare them for a career in luxury retail.





### DEUTSCHE BANK EMPOWERS YOUNG WOMEN

In a bid to inspire young women to dream big, Deutsche Bank hosted a "Women in the Boardroom" session with 40 young people from Afrika Tikkun's Alexandra, Uthando, Diepsloot and Orange Farm centres. The session focused on the importance of women in society, their rights and female entrepreneurship. The bank also highlighted bursary and learnership opportunities in the company.

SAGE FOUNDATION EXPOSES YOUNG PEOPLE TO CAREER POSSIBILITIES

The Foundation offered Afrika Tikkun beneficiaries with job shadowing opportunities to expose them to a variety of careers that exist within the Sage Group. The initiative was aimed to inspire young people to dream beyond their expectations and become better citizens of South Africa.

### **DONORS EMPOWER** YOUNG PEOPLE TO THRIVE

The support and commitment of Afrika Tikkun donors goes a long way in changing the stories of many of the young people who join our programmes. Their investment goes above and beyond as they personally get involved in helping the youth change the world. Afrika Tikkun is proud to highlight donors' involvement in empowering beneficiaries.



HSBC GROUP MOTIVATES YOUTH TO PLAN THEIR FUTURES The COO of HSBC, Ghalib Chohan spent the day with more than 160 beneficiaries, aged between 13 and 18, at Afrika Tikkun's Alexandra centre. He delivered a motivational talk on the importance of focusing on school, what it takes to become a COO and how they can become their own COO in the future. He also encouraged them to start saving money and to practice patience in life. To the joy of the teens, he handed out red and white golf t-shirts at the end of his talk.

Meanwhile, HSBC Marketing Associate, Charmaine Pillay visited the Uthando centre where she gave a motivational talk to young people on the importance of a career and what it takes to secure it.

# MAKING THE WORLD A BETTER PLACE ON **NESSIN NANDELADA**

"It's in your hands to make the world a better place," Nelson Mandela urged citizens of the world to carry on his legacy of service to the community. While Afrika Tikkun's donors make every day a Mandela Day through their service to the beneficiaries of the initiative, they also rolled up their sleeves on Mandela Day in 2017.

The **Hudaco Group** donated 3,000 blankets, food parcels and ECD toys across all Afrika Tikkun's centres. The Group CEO, Clifford Amoils and the Group Executive, Jonny Masinga were among the Hudaco family that personally visited all the centres to spread the joy and goodwill of Mandela Day. Meanwhile, 120 **Tourvest** employees celebrated Mandela Day by showing love towards the disabled community in Orange Farm. The aim was to create awareness about disabilities and remove the stigma in communities that it is a sin.

They painted ten homes of young people living with disabilities and spent

a productive couple of hours at the Duzenenhlela Shool for children with disabilities. They fitted the school kitchen with a sink, fixed the ceiling, tiled some areas and gave it a fresh coat of paint. The group cleaned the storeroom, windows and classrooms. Door and window handles were fitted and the group created scarecrows for the veggie garden.

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# **ABSA GIVES** YOUTH THE RIGHT GARB FOR THE JOB

Absa is the creator behind the "Ready to Work" programme that provides skills development to young people to help them on their road to a successful career. The bank recently introduced the "Ready to start the "Ready to Wear" campaign that benefited 80 young people across four of Afrika Tikkun's centres.

Meanwhile, Absa Private Wealth visited the Afrika Tikkun Diesploot centre where the team conducted mock interviews with 20 skills development students aimed at giving them first-hand experience on acing a real job interview. The team also delivered food parcels to the community.

### 8586 YOUNG PEOPLE REACHED

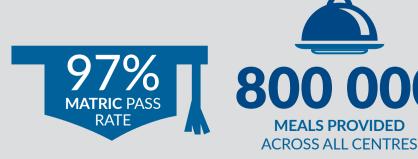
### Z 884 UNEMPLOYED YOUNG PEOPLE BECAME EMPLOYABLE; 928 PLACED IN ENTRY-LEVEL OPPORTUNITIES

Wear" campaign to help young job seekers with professional outfits to give them an added advantage in job interviews.

The Absa Citizenship team, led by the division head, Sazini Mojapelo collected business attire from employees to kick-









# **INSPIRING CHANGE**

# SA MUSO INSPIRES AFRIKA TIKKUN YOUTH TO STRIVE TO GREATNESS

Music has always played a healing, uplifting and inspiring part in South African society and history. Afrika Tikkun was therefore overjoyed to welcome SA musical prodigy, Daniel Petersen III to the family as a celebrity ambassador.

Daniel, who is known as Danno on stage, is quite the wunderkind with a string of extraordinary accomplishments under his belt. He was just 14 months old when his talent on the drums were discovered and at the tender age of six he performed at the New Orleans Jazz Festival.

He is the youngest Yamaha-endorsed drummer in the world and the youngest African to be enrolled in university where he recently completed his undergraduate degree. Daniel has performed to a list of enviable dignitaries, including all South Africa's former presidents – Nelson Mandela, Thabo Mbeki and Jacob Zuma.

Through his foundation, the 15-yearold teen and his family teach young learners music and donates new musical instruments to hundreds of schoolchildren from disadvantaged backgrounds. He is the only African to receive a lifetime achievement awards from former US President, Barack Obama for his charitable work.

As an Afrika Tikkun ambassador, Daniel and his family visited the Uthando centre in Braamfontein where he met with talented and promising young people from the Hillbrow, Berea and Yeoville areas. He encouraged them to stay true their commitments and the goals they set for themselves.







# BOXING LEGEND JOINS TIKKUN TO HELP THE YOUTH FIGHT FOR A BRIGHT FUTURE



Boxing holds incredible physical, psychological and social benefits for young people. It instills discipline, respect, focus and builds their confidence. The addition of boxing legend, Thulani 'Sugar Boy' Malinga as a sports ambassador to the 'Care for Yourself' Pillar is an exciting new opportunity for Afrika Tikkun beneficiaries. He volunteered to run a boxing programme for young people in Alexandra, which opened in January.

Thulani is a twice WBC super-middleweight champion – the country's first. Known in the boxing ring as 'Sugar Boy', Thulani turned pro in 1981 after building an amateur record of 185-10, launching his career by knocking out Victor Zulu in the first round on 8 August 1981. He held several middleweight, super-middleweight and light heavyweight championship titles during his career, facing off with other boxing greats such as Nigel Benn, Chris Eubank and Ray Jones Jr, to name a few.

The 'Sugar Boy Malinga' Programme is in line with the South African School Sport National Championship and will give young people a platform to showcase their talent and fast track their transition into professional boxing. Thulani is passionate about developing the youth and his programme will not only develop aspiring young boxers' skills in the ring, but also critical life and leadership training.



SANDY PLANS TO IMPROVE THE SAFETY IN HER COMMUNITY.

# HELP US TO DEVELOP MORE WORLD CHANGERS LIKE HER!

to get involved, please visit DONATE.AFRIKATIKKUN.ORG/SA

> OR SEND US AN EMAIL TO DONATE@AFRIKATIKKUN.ORG



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Acc Name: Afrika Tikkun Bank: FNB Branch: 261 251 Acc No: 620 4987 6719 Swift Code: FIRNZAJJXXX

Public Benefit Organisation No. 18/11/13/2470 Non-Profit Organisation No. 021892NPO Association Incorporated under Section 21 No. 98/15527/08 Vat No. 4910185539



# IN THE PRESENCE OF CHAMPIONS

### YOUNG ATHLETES GO PLACES WITH BELRON GROUP

One of the highlights of Afrika Tikkun is the opportunity to send four of our beneficiaries to participate in Triathlon events in the USA, UK and Germany. The Belron Group (trading as Safelight in the USA and Carglass in Germany) sponsors the initiative that allows each beneficiary to participate in one leg of the race or in the fun run and walk. Meet our 2017 representatives, all of whom travelled overseas for the first time!



LINDIWE MABUYA

By her own account, Lindiwe used to be anti-social person, which was largely due to fear. She joined Afrika Tikkun's Uthando centre after accompanying a friend who was returning a book to the library. She returned to the centre as often as she could and blossomed. Today, Lindiwe doesn't allow fear to dominate her and has come into her own. Her life is dominated by dreams and hope for a bright future. One day she hopes to become a psychologist to understand what triggers people to do the things they do. She is currently studying towards her LLB degree at UNISA and remains a familiar face at Afrika Tikkun as a volunteer.



JESSICA PALESA KHOLOFELO MANAMELA

Jessica dreams to become an air hostess and travel the world. She already has her first stamp in her passport, so she is well on her way to make it reality! Jessica lives with her grandmother and younger brother in Alexandra. According to Jessica she was lost before she joined Afrika Tikkun. She was not doing well academically and lost focus. She recommitted to the programmes and her hard work soon yielded results. Her marks improved and she also received a certificate for netball. She also joined a dance group at Afrika Tikkun and won a talent day challenge. Jessica will matriculate this year.



**SHARON MUVHUMBE** 

Sharon's life reads like a list of accomplishments. She plays netball, participates in the Young Urban Empowerment Programme, drums, does the Spelling Bee, won an award from the Vincent Tshabalala Education Trust, was an outstanding achiever in Grade 10, started a choir group and participates in the debate team. She joined Afrika Tikkun in Grade 2 and continues to climb the ladder to success with determination. She believes that the organisation helped her discover who she is and how she can inspire others to reach for their dreams. Sharon is passionate about empowering people and public speaking, and plans to become either a lawyer or political analyst.





YOUTH EXCELS AT SPORT

Sport is an important pillar in building the confidence and discipline of young people. Playing team sports nurtures leadership, social and physical skills. Young people learn how to build friendships, deal with conflict and find a place to belong. Afrika Tikkun recognises the benefits of empowering the youth through sport and it forms an integral part of the organisation's programmes.







Last year, beneficiaries once again showed that providing a platform for the youth to participate in sport is invaluable. Afrika Tikkun's Netball and Soccer teams excelled, winning a number of gold medals in different tournaments played throughout 2017. Their success is due to their ability to apply their skills and ensure effective team communication and camaraderie. They shined, displaying their talents with spirit.

"Special congratulations to those players who were selected for clubs and national teams," Afrika Tikkun's Onyi Nwaneri praised tomorrow's champions.